

# BOW WOW

CBD INFUSED DOG TREATS & FOOD



Mary Clifton MD

Expert on Medical Marijuana & CBD Oil

# HOW TO USE CBD OIL WITH DOGS



Whether you're considering CBD oil for your pet's anxiety or pain relief, CBD can support and improve your pet's quality of life.

## DECIDING ON PROPER DOSAGE

One of the main factors influencing dosage with CBD products is the type of product you use. Always ask your veterinarian for proper dosing specific to your pet's needs before using any CBD oil product.

**FOLLOW DR. MARY TO GET EDUCATED AND STAY UP TO DATE  
ON MEDICAL MARIJUANA, THC AND CBD OIL RESEARCH.**

[www.drmarymd.com](http://www.drmarymd.com)







# SWEET POTATO DOG TREATS

## INGREDIENTS

4 sweet potatoes, lightly peeled,  
washed

99% CBD oil

## PREPARATION

Preheat oven to 250 F.

Lightly peel sweet potatoes, some  
skin is fine.

Cut down middle, lengthwise.

Cut long lengthwise slices about 1/3  
inch wide.

Place on cookie sheet in single layer.

Bake for 3-3 1/2 hours.

Turn half way through.

If you want treats to be crunchier,  
bake longer.

Add a drop or two of CBD oil on  
treats when serving to dogs.

Pay attention to dosage.

# PEANUT BUTTER PARFAIT DOG TREATS

*Makes approximately 12 treats*

## INGREDIENTS

32 oz. vanilla Greek yogurt  
1 cup peanut butter  
1/2 gram 99% CBD Isolate

## PREPARATIONS

In a microwave safe bowl, melt peanut butter.

In a medium mixing bowl, add yogurt, melted butter and CBD Isolate.

Stir well.

Pour mixture into cupcake papers, do not overfill.

Freeze.

Serve frozen.

*\*Depending on size of dog, you may want to cut treats in half to serve.*







# OAT DELIGHT DOG TREATS

*Makes 30 2-inch treats*

## INGREDIENTS

4 cups old-fashioned oats  
2 ripe bananas, mashed,  
peeled  
1/2 cup crunchy peanut butter  
2 Tbsp 99% CBD Isolate  
infused coconut oil

## PREPARATION

### **CBD Infused Coconut Oil:**

Preheat oven to 325 F.

In a small mixing bowl, add 8  
Tbsp coconut oil and 1 gram of  
99% CBD Isolate.

Stir well to combine.

Set aside.

### **Dog Treats:**

Preheat oven to 325 F.

In a blender, add oats  
and blend to a flour like  
consistency.

Set aside.

In a medium bowl, mash  
bananas, peanut butter and 2  
Tbsp infused coconut oil.

Stir in flour and knead until  
moistened.

On a lightly flour dusted  
surface, place dough.

Shape dough with your hands  
into 1/4 inch thick circle.

Cut treats into 2 inch lengths.

Place on parchment lined  
cookie sheets. Do not touch  
each other.

Bake for 25-30 minutes.

Should be golden brown.

Serve cool.



# DOG FOOD CROCK POT STEW

## INGREDIENTS

3 cups brown rice  
2 Tbsp olive oil  
5 lbs ground beef  
15 oz. kidney beans, drained, rinsed  
4 carrots, shredded  
1 cup frozen peas  
3 cups butternut squash, chopped  
CBD Oil

## PREPARATION

In a 6 quart slow cooker, add ground beef, rice, beans, squash carrots peas and 4 cups water.

On low heat, cook for 5-6 hours. Stir occasionally to ensure no burning.

On high heat, cook for an additional 2-3 hours. Stir occasionally to ensure no burning.

Allow to cool.

When serving, add CBD oil depending on size of your dog.